Northstowe Sports & Wellbeing



SPORTS & WELLBEING NORTHSTOWE

- Group formed in 2019
- 3 officers
- 5 committee members
- 2 co-opted members
- Meet 5-6 times a year

Supported activities and groups such as Badminton, Cricket, Football, Chess, Table Tenni, Basketball Collaborated to bring teaser sessions for yoga and meditation. Present and active and most town events

Promoting new activities

Events









Chess Club

Table Tennis

- Help with funding
- Structure and constitution
- Public Liability insurance
- Tester sessions

- Wellbeing walks
- Northstowe Running Festival
- Northstowe Day
- Northstowe Hub opening day

Northstowe Sports and Wellbeing Group is a member of the Western Park Sports Pavilion Management Board.

What will we do next?

- Act as an umbrella and support for sport clubs and wellbeing in Northstowe
- Capture all Sport events in Northstowe and activities under one web



northstoweswgroup@gmail.com



@northstowesports&wellbeing



Coming soon...

